

The Country Manor Nursing and Rehabilitation Centre
To Be Awarded National Award In Recognition Of
Continuous Quality Improvement In Long Term Care

Carthage, NY, July 7, 2009, The Country Manor Nursing and Rehabilitation Centre has been recognized as one of the 2009 recipients of the Step I National Quality Award presented by the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). Awards will be presented during AHCA/NCAL's 60th Annual Convention and Exposition, October 4-7, 2009 in Chicago, IL. The Country Manor is one of three facility winners owned by Capital Living and Rehabilitation Centres (CLRC); a Schenectady, NY based healthcare company. "We are extremely proud of the leadership and staff of The Country Manor, who have reached this important step in committing to constantly striving to improve the care and quality of life of the residents we are responsible for", added Patrick Martone, CEO of Capital Living. The other two Capital Living award winners are The Mountain View, of New Paltz, NY and The Orchard, of Granville, NY. There are a total of 10 award recipients in New York State.

"We applaud The Country Manor for having passed this first step that demonstrates their intention to begin a rigorous quality improvement program, and look forward to their moving forward to pursue the requirements for the Steps II and III awards in the coming years," stated Bernie Dana, Chair, AHCA/NCAL National Quality Award Board of Overseers, one of the nine members that oversee the program.

Applicants for the Step I level award have a clear vision and mission for their facility and acknowledge key challenges that are embodied in the organizational profile section of the

Baldrige criteria. The Step I award recognizes providers that have developed a foundation to begin a journey of continuous quality improvement, and that they have taken the first step in corresponding with any public measures of performance.

Capital Living is comprised of eight skilled nursing facilities throughout upstate New York and is consistently looking to improve their services.

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